

# Good Life

# Good Reads

Jan-March '24



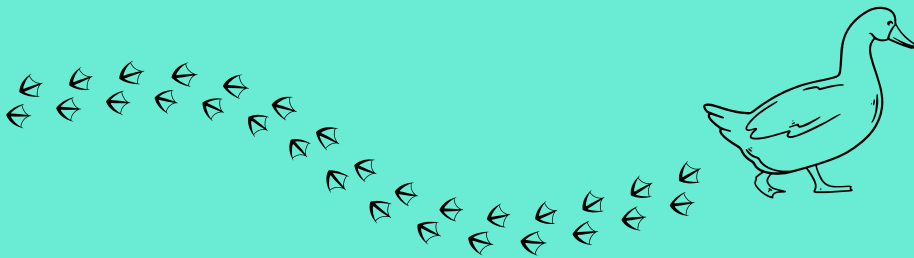
Aria holding Louise

Huey and Louise are our feathered friends at Railway!

Huey was rescued by Darwin G when he was just a baby! Louise came all the way from the Fergus Falls area, from Taryn!

Geese are very social birds and communicate in various ways, including honking and hissing. They are herbivores and mainly eat grass, leaves and aquatic plants.

Ducks have excellent vision and can see finer detail farther away than we can. They can also move each eye independently! They eat a variety of food including grass and aquatic plants, seeds and worms to name a few!





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Lousie and Huey

## UPCOMING EVENTS

### Morris Community Meal

Monday, April 8th at 5:30pm  
Faith Lutheran Church, Morris

### Tacos & Trivia Fundraiser

Saturday, April 13th from 5pm-7pm  
Morris American Legion

### Chili Cook Off

Saturday, April 13th from 4-7pm  
at The Hudson Inn

### MAAB Arts Festival

Saturday, April 20th at 11am  
Morris Area Elementary School

### If Wishes Were Horses Spring Fundraiser

Saturday, May 4th from 6:30pm-10pm  
Hudson Inn, Morris, MN

## CELL PHONE USE

Phone use should be limited while working with the individuals we serve. They deserve our undivided attention! If use of phones for entertainment purposes continue, phone use will be prohibited.



## EMPLOYEE TRAINING

Each quarterly Good Life Good Reads newsletter will contain information for a training to contribute to your annual training.

This quarters training is Positive Behavior Supports.

If you have not completed last quarter's training, it NEEDS to be completed by April 30th.

Please log in to the Direct Course link below to complete the training that has been assigned to you.

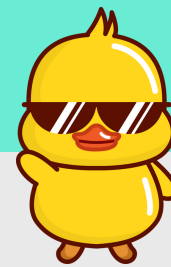
<https://login.elsevierperformancemanager.com/systemlogin.aspx?virtualname=MNNEW>

Your time spent doing this training can be recorded on your time sheet for training pay.

reminder:

Please report any and all changes made to your schedule ASAP to either Jo or Katie. This includes switching shifts with another employee, canceling shifts, leaving early etc.

There is a binder at Railway to document these changes.





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## If Wishes Were Horses

### Spring Fundraiser Dinner

Saturday, May 4th from 6:30-10:00PM  
Hudson Inn, 200 MN-28 Morris, MN 56267

Purchase **TICKETS**  
on our website **IWWH.ORG**  
\$50/ticket

**MEAL INCLUDES:** Prime rib, baked potato, parmesan  
crusted broccoli and cauliflower, caesar salad, and  
cheesecake!

Music by **SWENODA**



# HAPPY BIRTHDAY

- 12/25 Todd F
- 1/3 Patrick G
- 1/6 Christie L
- 1/8 Jacob B
- 1/15 Joe I
- 2/2 Nathaniel J
- 2/2 Kenzy F
- 2/12 Imo T
- 2/13 Jane G
- 2/13 Grace L
- 2/23 Logan E
- 2/26 Katie B
- 3/3 Nanette E
- 3/21 Andie F
- 3/22 Katherine J
- 3/27 Christopher J

## REMINDER

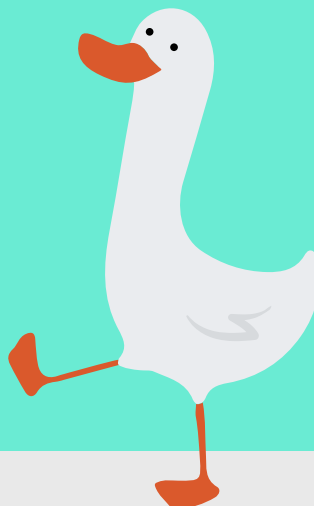
- Keep your work area clean!  
Dishes need to be done, floors swept, and counters cleaned every day before you leave.
- Log notes **NEED** to be complete every shift.
- Weekly hours are due every Sunday.
- If you did not complete last quarter's training, **PLEASE** complete it by April 30th



do you have ideas or photos to contribute to the next newsletter?

send them to:

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k.baker@goodlifeservicesinc.com  
j.messerschmidt@goodlifeservicesinc.com



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Jo, Kenzy and Jarret at GLS holiday party



## LOG NOTES, DATA/GOALS

Please remember to fill out log notes and data/goal sheets on the day you are working!

Stop by Railway office to pick up extra copies of log notes to keep on hand!



## Cleaning Tips!

When you and an individual are working, please remember to clean up afterwards!

Always try to incorporate who you are working with in the cleaning process. This helps build independence in skills for their Person-Centered outcomes and ADL's.

Here are some cleaning tips to help!

Wipe down surfaces often and daily.

Sanitize bathrooms weekly and as needed.

Clean out fridge and throw away any expired food- Leftovers are good for 3 days.

Always wash your dishes after each use and before you leave for the day. Please do not leave for the next staff to do!

Wash towels, bedding, clothing, swimsuits etc.

Wash soiled stuff right away.

Sweep floors daily! Mop floors and vacuum weekly and as needed.

Take out garbage and recycling when they get full (or stinky).

## Mandatory zoom meeting for all GLS staff

April 9th from 12p-2p

OR

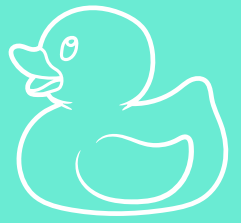
April 23rd  
from 12p-2p and 6p-8p

You must attend one meeting. Links will be sent to your email and phone by first week of April. Please let Jo or Katie know if you have not received a link.



# Good Life

# Good Fun



**Holiday Party fun!**



**Preston, Katie and Jarret  
at Holiday Party**



**Fun times at the holiday party!!**



**Nanette**



**Joe, Cody, Todd and Lesley**



**Logan at Holiday Party**



**Raelene, Katie, Andie and Jacob**



**Patrick and Shane**



**Jarret, Cody and Grace K**